



# The Gazette

November 2014

Monthly Publication of the *National Pinochle Association, Inc.* Vol. XXI, Issue No. 11



## Lord, We Give You Thanks

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### PRESIDENT'S CORNER



**NPA Family,**

**First and foremost I would like to wish you all a very Happy Thanksgiving!**

**Several things have changed as of late.**

**1. Gwenn Harris is the NPA's acting Recording Secretary. I'd like to extend a special thanks to Elise Barr for the many years of hard work and dedication she gave while serving the NPA.**

**2. Wanda Goodman is the new website committee chair. Please provide any flyers or website updates to her, she will take care of them. Also, if you have any additional ideas on how to improve the website, please send your ideas to Wanda.**

**3. it's time for Annual membership dues. Don't forget to send in your dues for your club members on time. Also, if any addresses or contact information has changed, please send that information as well.**

**4. I'd like to congratulate Tidewater Knucks for their very successful tournament this past weekend. They ran the tournament extremely well and on**

**schedule. They paid out generously, the food was great and they even had hospitality on Saturday night. Great Job!**

**For anyone needing to contact me, the best time of day is from 9am to noon every day. Afternoons are harder as I have a lot going on with my kids during those hours.**

**God bless you all, and God bless the NPA!**

**Respectfully,**

**Mike Vasquez**

### MESSAGE FROM THE VICE PRESIDENT



**VIDESSA WOODS**

Hello NPA Family,

I would like to take this brief moment to say "Thank You" for having the confidence in me to elect me to the position of Vice President, to complete the unexpired term of office. My pledge to you is that "I promise to give you all that I have to do the job that I was elected to do in accordance with the NPA Bylaws".

I thank you from the bottom of my soul.

Videssa A. Woods  
Vice President – NPA

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**MESSAGE FROM THE  
CORRESPONDING  
SECRETARY**



**ZELMA GOLDSBY**

To: Chapter Presidents

Subject: NPA membership renewals for 1 December 2014 through 30 November 2015

Ref: NPA Bylaws Article IV

Amount of dues: Twenty dollars (\$20.00) per person

Make check or money order payable to National Pinochle Association, Inc. (NPA)

Dues accompanied by a current roster showing club name, member's name, address, telephone number, email address and birthday (optional) must be received by the Corresponding

Secretary by 1 December 2014. Chapters that have not renewed by 30 January 2015 must be recertified by sending in addition to the \$20.00 per person a \$25.00 initiation fee.

If there is a change of information for renewing members, please *highlight the change* in some way.

Please keep in mind that if a member's dues are not received by me prior to 14 December 2014 they will not be able to play in the Martin Luther King Sanctioned tournament due to the 30 Day restriction. (See Tournament Standard Operating Procedures dated June 2012).

Those who wish to do so may start sending in their renewals now, so that I will not be pressed for time with the November and December holidays coming up.

If you have any questions please email me [Zgoldsby@aol.com](mailto:Zgoldsby@aol.com) or call me at (334) 288-7613.

Thank You in advance for your cooperation.

Zelma Goldsby  
818 Lynwood Dr.  
Montgomery, AL 36111

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**MESSAGE FROM THE  
NATIONAL TOURNAMENT  
DIRECTOR**



**Dr. Alice Cannon Scott**

**National Pinochle Association  
Annual Trophies**



The National Pinochle Association has a "rich" history that is filled with traditions. One of the longest running traditions is that of awarding trophies for the first three top scoring players at the Annual. The trophies are very symbolic of the NPA logo which has a triangle design.

This year, 2014, is the 33<sup>rd</sup> annual awarding of these trophies. There are three different sizes for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place.

1<sup>st</sup> Place – Howard Fitzgerald (6799)

2<sup>nd</sup> Place – Jackie McCray (6667)

3<sup>rd</sup> Place – Clarence Fleming (6561)



Jackie McCray received her trophy at the Columbus Day Tournament in Augusta. Howard and Clarence will receive their trophies at the Dr. Martin Luther King, Jr. Tournament in January 2015.

**MESSAGE FROM THE RAINBOW COMMITTEE**



**ROSETTA MCMURRAY**

Dear members,

Please make sure your club notify me of any illness, or death of a club member or immediate family member. Please send a copy of the obituary or photo of any deceased members to update the slideshow presentation. Thank you in advance.

--Rosetta McMurray--  
[rosettamcmurray@bellsouth.net](mailto:rosettamcmurray@bellsouth.net)  
Cell 706-289-6471  
Home 706-687-9973

**MESSAGE FROM RESEARCH & EDUCATION COMMITTEE**



**RICARDO RANDLE**

**2015 Hall of Fame Nominations**

The deadline for submitting nominations for the 2015 Hall of Fame is November 30, 2014.

Nominations should be submitted to Ricardo (Ric) Randle, Chairperson, Research and Education Committee. To obtain a nomination package please contact Ric Randle by calling (334) 782-7120 or send an email to [ricardorandle@bellsouth.net](mailto:ricardorandle@bellsouth.net).

**UPCOMING TOURNAMENTS**

**2014 NON-SANCTIONED**

- Nov. 15.....Fundraising (1-day)
- Nov. 22.....MPP (1-day)
- Dec.5-7.....PIPS

**2015 SANCTIONED**

- MLK Jan. 15-18....Young Guns
- Pres. Day Feb. 12-15....MPP
- Semi-Annual April 9-12 ...NPA



***Augusta Pinochle Club***

- Jack Ephran – Nov 11
- Julie Hudson-Casey – Nov 26

***Birmingham Pinochle Club***

- Lashandra Adcox – Nov

***Cincinnati Pinochle Club***

- Joseph Smith – Nov 1
- Peter Ravenal – Nov 9
- Shirley Tyus – Nov 19
- Derrick Robinson – Nov 23

***Columbus Pinochle Club***

- Marcelle Smith – Nov 2

***D C Players Pinochle Club***

- Diane Mackey – Nov 7
- Stefanie Kelly – Nov 12

***Derby City Queens & Jacks***

- Robert Owens – Nov 5
- George Mason – Nov 28

***Double Run Pinochle Club***

- Moe Harrison – Oct 19
- Jennette Williams Nov 13

***LA Superstars***

- Bernice Neely – Nov 7
- Michelle Askerneese – Nov 15
- Elton Clemmons – Nov 20

***Montgomery Pinochle Pals***

- Vann McCloud – Nov 3
- Chrystabell King – Nov 25

***Oasis Pinochle Club***

- Gwendolyn Griffin – Nov 19

***PIPS***

- Pat Vandiver – Nov 15
- Albert Strong – Nov 17
- Danny West – Nov 30

***Queen City Players***

- James Smith – Nov 25
- Arlene Avent – Nov 27
- Norm Manning – Nov 28

***West Coast Best***

Lillie Allen – Nov 19

**Young Guns**

Shamese Love – Nov 19

**SICKNESS**

Suzette Goggans was hospitalized, is now home recovering

**DEATHS**

Earlene Green’s (West Coast Best) sister, Betty Nixon passed in September.

Augusta Pinochle Club member Billie Brodie passed away on October 16, 2014. Billie was a faithful member of the NPA for 22 years.

Paulette Ballard’s (Metro) mother, Ms. Frankie Scott passed Nov. 10<sup>th</sup>.

**HEALTH TIPS**

November 1<sup>st</sup>-30<sup>th</sup> is National Diabetes Awareness Month.

This article comes from the JDRF website, [info@jdrf.org](mailto:info@jdrf.org).

The more you learn, the more you know !

**Q: What is diabetes?**

A: Diabetes is a group of metabolic diseases where the body’s pancreas does not produce enough insulin or does not properly respond to insulin produced, resulting in high blood sugar levels over a prolonged period. There are several different types of diabetes, but the most common forms are type 1 and type 2 diabetes. Both impact glucose levels, and if left untreated, can cause many complications.

**Q: What is type 1 diabetes**

A: Type1diabetes (T1D) can occur at any age, but is most commonly diagnosed from infancy to late 30s. If a person is diagnosed with type 1 diabetes, their pancreas produces little to no insulin, and the body’s immune system destroys the insulin-producing cells in the pancreas.

Those diagnosed with type 1 diabetes must inject insulin several times every day or continually infuse insulin through a pump, as well as manage their diet and exercise habits.

**Q: What is type 2 diabetes?**

A: Type 2 diabetes (T2D) typically develops after age 40, but has recently begun to appear with more frequency in children. If a person is diagnosed with type 2 diabetes, their pancreas still produces insulin, but the body does not produce enough or is not able to use it effectively. Those diagnosed with type 2 diabetes manage their disease through a combination of treatments, including diet control, exercise, self-monitoring of blood glucose, and in some cases, oral drugs or insulin.

**Q: What causes diabetes?**

A: Researchers are still trying to get a clear picture of what causes diabetes—they’ve found that genes don’t tell the whole story, and that environmental factors also play a role. There is also a misconception that the cause of diabetes is hereditary, and primarily occurs in families where there is someone else with diabetes. Research has shown that only 15 percent of people with type 1 diabetes have an affected first-degree relative.

**Q: What are the symptoms of diabetes?**

A: Knowing the warning signs for diabetes could help save a life! Type 1& 2 diabetes can often go undiagnosed in its early stages because the symptoms can be mistaken for more common illnesses, like the flu. Take notice if you or your loved one experiences the following:

- Extreme thirst
  - Frequent urination
  - Drowsiness and lethargy
  - Sugar in urine
  - Sudden vision changes
  - Increased appetite
  - Sudden weight loss
  - Fruity, sweet, or wine-like odor on breath
  - Heavy, labored breathing, stupor or unconsciousness
- Call your doctor immediately if one or more of these symptoms occurs in you or your loved one. It is extremely important to receive medical attention—misdiagnosis or leaving your condition untreated can have tragic consequences, including death.

**A RECIPE FOR HEALTHY LIVING**



**Spinach Salad with Chicken and Avocado**  
This Recipe Serves 4 Ingredients

### Salad

12 ounces baby Spinach  
1 small avocado, pitted and cut into thin slices  
2 roma tomatoes, diced  
1 cup cooked chicken breast  
4 tablespoons sunflower seeds

### Dressing

6 tablespoons light Ranch dressing

### Instructions

In a large salad bowl, combine the salad ingredients. Add the salad dressing and toss to coat.  
Recipe Cost: \$7.83 \*\*

## **INSPIRATION**

### **FAITH**

**F** is for Forgiveness; we cannot have eternal life and heaven without God's forgiveness

**A** is for Available; available for ALL, but we must seek Him

**I** is for Impossible; it is impossible for God to allow sin into Heaven because of who He is; loving, kind and just.

**T** is for Turn; turn away from your wicked ways, and trust only in Jesus Christ

**H** is for Heaven; Heaven is eternal life.

*Taken from different books of the King James Bible.*

Shared by Martha Vaughn,  
President of the Title Town Pinochle Club.

## **BYLAWS**

Bylaws are a standing set of rules that govern the regulation of the internal affairs of a corporation or society. As we continue to look at the NPA bylaws, the hope is that all our

members will know and understand how this organization works. The Bylaws and the NPA handbook can be found on the NPA website.

## **ARTICLE III-NPA ORGANIZATION-CHAPTERS**

### **NPA**

The Officers, Board of Directors, Executive Committee, Affiliated Chapters, Standing Committees, Special Committees, and individual members of the NPA shall perform representative, legislative, executive, administrative and or supervisory activities in order to carry out their respective duties and responsibilities for the benefit of the organization.

The Corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make disbursements and distributions in furtherance of the purpose set forth in Article II. No part of the gross earnings of NPA shall inure to any of its members, directors, and/ or officers.

The Officers, Board of Directors, Executive Committee, Affiliated Chapters, committees, or members, shall not in the name of NPA, propagandize, attempt to influence legislation, participate in any political campaign on behalf of any candidate for public office (including the publishing or distribution of statements), nor be a party to any activity impermissible to a corporation exempt from federal income tax under any Internal Revenue regulations or by a corporation.

### **Chapters**

NPA may certify as a Chapter any Pinochle organization

composed of (4) or more individuals. A majority vote of the Board of Directors is required for approval. The Corresponding Secretary or the Membership Committee of NPA shall issue a Certificate of Membership to each organization approved as a Chapter.

The certificate shall continue in force until revoked for just cause as determined by majority vote of the Board of Directors or withdraw by the Chapter. Chapters shall not enact Bylaws or rules that in any way conflict with NPA Bylaws or rules.

## **CLASSIFIEDS**

Looking for the perfect cruise vacation? Contact Val Culpepper of *Hooked on Cruises* at 770-739-7860.

Time for the family reunion? Contact JoAnn Ross for a professional research and presentation of your family tree...404-768-5698 or [www.familytreescharted.com](http://www.familytreescharted.com)

If you need professional pictures for any occasion – wedding, reunion, birthday, etc., Taylor Photography can meet your needs. Contact Roosevelt Taylor at 404-758-0717.

Vulcan Princess, Inc. Screen printing & embroidery, Contact Frank Turpin: 404-219-3376 or [tuako3@aol.com](mailto:tuako3@aol.com)

Learn the game using the teaching tool 'Pinochle Mat' developed and distributed by an

experienced player. Available on Amazon for \$35.00 but will sell to NPA members at \$25.00. Contact Mrs. Lydia Walker at 305-255-7782 for further info.

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Need a caterer for your every need? EDC (Edna's Delectable Cuisine) is waiting for your call:

404-767-1024 or email  
[brownednaw@yahoo.com](mailto:brownednaw@yahoo.com)

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***NPA WEBSITE***

**All information to be posted on the website should be emailed to:**

**Wanda Goodman, Webmaster**

[wgoodwoman@gmail.com](mailto:wgoodwoman@gmail.com)

757-237-6575

**The web address is:**

[/http://www.npapinochle.org/](http://www.npapinochle.org/)

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***NPA NEWSLETTER***

The Gazette is distributed by the Research and Education Committee of NPA for its members.

News should be forwarded to:

**Dorothy Ervin, Editor**

[Dotnlvly@gmail.com](mailto:Dotnlvly@gmail.com)

904-655-5623

**\*\* See more at:**

<http://www.diabetes.org/mfa-recipes/recipes/2014-06-spinach-salad-with-chicken.html#sthash.h9Sld3SE.dpuf>