



# ***The Gazette***

January 2015

Monthly Publication of the *National Pinochle Association, Inc.* Vol. XXIII, Issue No. 1

## **THE SPOTLIGHT IS ON THE**



**The Pips of Augusta honors the NPA's mission statement by "contributing to charities and creating opportunities for friendship, goodwill and social development." The Pips with a membership of 28 has been a chartered member since 1999. For fourteen years they have hosted their annual toy drive pinochle tournament in December and every year it keeps getting better. Last year (December 5-7<sup>th</sup>) the club raised the stakes by donating \$500.00 each to three local organizations, Hale House of Augusta, 100 Collegiate Women, and the Sickle Cell Foundation. The toys that were collected went to Safe Homes of Augusta, and the Annual Pediatric HIV/AIDS District 6 Christmas party. This club really shows the true meaning of Christmas by giving to those in need.**



**Mr. Cliff Richard  
President of Hale  
House Foundation**



**Mrs. Joyce Sanchez  
Founder 100  
Collegiate Women**



**Dr. Beulah Nash  
Teachey CEO Sickle  
Cell Foundation**



**Mrs. Dorothy Person  
Hostess HIV/AIDS  
Pediatric Christmas  
Party**



**Mrs. Christina Williams,  
Representative for Safe  
Homes Of Augusta**

**The NPA takes its hat off to the "Pips of Augusta Georgia" in recognition for the good work they continue to do!**

**LET'S NOT FORGET THE DREAM**



**Martin Luther King Jr**  
**(1929-1968)**

**TABLE OF CONTENTS**

**The Spotlight ..... 1**

**National News.....2-3**

**Chapter News.....3-4**

**Inspiration.....4**

**Health Tips.....4-5**

**Bylaws.....6**

**Classifieds.....6-7**

**ANNOUNCEMENT FROM**  
**THE NATIONAL**  
**TOURNAMENT**  
**DIRECTOR**



**Dr. Alice Cannon Scott**

**World Series of Pinochle -  
Tournament of Champions**

**I am excited to announce our  
THIRD annual "World Series of  
Pinochle - Tournament of  
Champions" (WSP-TOC) which  
will be held on Friday, February**

**13, 2015 at 9:30 AM in  
connection with the NPA  
President's Day Tournament in  
Montgomery, Alabama.**

**To qualify to play in the WSP,  
you must have participated in  
one of the NPA Sanctioned  
Tournaments. The top 30  
finishers from the six (6)  
Sanctioned Tournaments  
played in 2014 are invited to  
participate in the World Series  
of Pinochle – Tournament of  
Champions. The players will  
compete in a Round Robin  
Elimination Format. Please  
make sure Mr. John  
Carmichael and Mr. Jacob  
Green have your correct email  
address. There is a \$50.00  
entry fee for the players.**

**The WSP-TOC is an  
Invitational Tournament. The  
winner of this prestigious event  
will have NPA bragging rights  
for one (1) year. Prizes are as  
follows: 1<sup>st</sup> Place-\$1200, 2<sup>nd</sup>  
Place-\$900, 3<sup>rd</sup> Place-\$500, and  
4<sup>th</sup>-\$200 and Semi-Finalists  
each will receive \$50.**

**If you are interested in playing,  
please mail your check to  
Peter Allen, 1669 Jersey Drive,  
Fayetteville, NC 28314, by**

**February 2, 2015. WSP Entry  
Forms and Rules are being  
emailed. Please place WSP on  
your check.**

**If you have questions, please  
contact me at (404) 404-940-  
4624. Thanks for your support,  
Dr. Alice Cannon Scott, NTD.**

**FUNDRAISING COMMITTEE**



**PATRICIA BAILEY**

**The National Pinochle  
Association - Fundraising  
Committee will sponsor a  
pinochle cruise on June  
26-29, 2015 to the  
Bahamas. We will depart  
from Miami. The  
committee will host a nine  
-round pinochle  
tournament each night of  
the cruise. Additionally,  
the tournament room will  
be available for 'free play'  
throughout the  
cruise. This is an  
opportunity for National**

**Pinochle Association members/family/friends to enjoy vacation time with each other during tournament activities. There will be off-shore activities, casino, shopping ...and of course plenty of food.**

**Military or law enforcement may be eligible for additional discount. Please inquire if this discount is available at the time of reservation. Pinochle cruise tournament information should be on the National Pinochle Association website soon.**

**You may contact Rosalind Smith (Cruise Web) at [410-299-9733](tel:410-299-9733) or Pat Bailey (FR Chairperson) at [313-345-9577](tel:313-345-9577) for flyers, additional information or questions.**

**Please support the National Pinochle Association and have a good time at the same time.**

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## **UPCOMING TOURNAMENTS**

### **2015 NON-SANCTIONED**

**March 13-15...Queen City Player**

**June 12-14....Baltimore Bidwell**

**June 26-29...FR Pinochle Cruise**

### **2015 SANCTIONED**

**Pres. Day Feb. 12-15....MPP**

**Semi-Annual April 9-12 ...NPA**

**Memorial Day May 22-24.....  
Pittsburg Stealers**



### **31-19 Pinochle Club**

**Kathy Hubbard - Jan 8**

### **APA**

**Johnnie Davis - Jan 12**

### **Aces Around Pinochle Club**

**Brandon C. Wyatt - Jan 6**

### **Augusta Pinochle Club**

**James Alfred, Sr. - Jan 3**

### **Birmingham Pinochle Club**

**Joe Fowler - Jan  
Emanuel Toodle - Jan**

### **Columbus Bucks & Does**

**William Roberts - Dec 4  
Willa Valdez - Jan 28**

### **Cudas Pinochle Club**

**Tweed Tapplar - Jan 24**

### **DCQ&J Pinochle Club**

**Patricia Cargill- Jan 23  
Charlie Black - Jan 24  
Annis Stephens - Jan 26**

### **Double Run Pinochle**

**Elsie Jefferson - Jan 29**

### **Great Lakes Pinochle Club**

**Eugene Jones - Jan 18  
Laura Holmes-Walker - Jan 28**

### **Ivory Pinochle Club**

**Phil Goodman - Jan 10**

### **JPC**

**Nancy Gardner - Jan 2  
Mary James - Jan 21  
Corrie Thompson - Jan 26**

### **LA Superstars**

**Christine Mendez - Jan 7  
Paul Owens - Jan 9  
Cynthia Arthur Jan 30**

### **Montgomery Pinochle Pals**

**Daniel Benson - Jan 11  
Sylvester McWhorter - Jan 13  
Virginia Harper - Jan 29**

### **Oasis Pinochle Club**

**Edna Brown - Jan 19**

### **Pinochle Champs**

**Kim Cox - Jan 13  
Naomi Mitchell Jan - 15**

### **Queen City Players**

**Darryl King - Jan 26**

### **Russ Raiders Pinochle Club**

**Barbara Water - Jan 4  
Russ Tapplar - Jan 23**

### **USA**

**Lenora Hall - Jan 26**

### **West Coast Best**

**Bill Julkes - Dec 4  
Martin Lowery - Dec 11**

### **Young Guns**

**Eric Swinton - Jan 7  
Sharon Gordon - Jan 22**

### **SICKNESS**

**Matthew 21:22 "And all things, whatsoever ye shall ask in prayer, believing, ye shall receive."**

**Let us lift up our sick and shut-in members in prayer.**

**T.C. Walker (Pips) recovering from surgery.**

**Michelle Askerneese (LA Superstars) recovering from surgery.**

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### **DEATHS**

**For your loved one the song of life has ended. But the music of the soul is forever. In the days to come, during your lonely hours, may you sometimes hear the music from above, and know that all is well.**

**NPA member Phyllis M. Lyons (LA Superstars) Passed Dec 7, 2014.**

**NPA Family member's deaths:**

**Mildred Davis (CPC) sister passed**

**Earlene Green (West Coast Best) Brother-in-law passed**

**Gary Sims (West Coast Best) mother passed**

**Joyce Williams (CPC) aunt passed**

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**This Month's Inspiration/Reflection is shared by**

**Ms. Videssa Woods, Ms. Woods is the Vice President of National Pinochle Association and**

### **The President of the APA Pinochle Club**

**\*It's Time to Make a Change\***

**Thought for the Month:**

**\* The Inventory\***

**Background Scripture Reading: Haggai 1:2-11**

**(Thus says the Lord of hosts: "Consider your ways" NKJV)**

**Now this is what the Lord Almighty says: "Give careful thought to your ways. You have planted much, but have harvested little. You eat, but never have enough. You drink, but never have your fill. You put on clothes, but are not warm. You earn wages, only to put them in a purse with holes in it." Thus says the Lord of hosts: "Give careful thought to your ways!" NIV**

**Five hundred years before Christ the people of God became careless in their relationship with the Father. The Prophet Haggai was sent to set the people straight --- to take inventory of their ways. It became a time to inventory their relationship with the Lord and make adjustments.**

**Taking an occasional inventory about our relationship with Jesus brings essential new life to our relationship with the King of Kings. The beginning of a New Year is an ideal time to ask some tough questions to challenge ourselves and grow closer to Jesus.**

**Who will you commit to pray**

**for to receive salvation this year?**

**What one thing could you do to improve your prayer life this year?**

**What will you do to improve the quality of your family life this year?**

**What is the most impossible thing you can ask Jesus to do this year?**

**What is one thing you can do to increase your time with Jesus this year?**

**What spiritual discipline do you want to incorporate in your life this year?**

**What one single thing will you do this year that will matter for all eternity?**

**In what way will you make this year spiritually different from last year?**

**What is the most helpful new way you can reach others for Christ this year?**

**What Time-Waster in your life would you like to replace with Jesus Time this year?**

**Prayer: Father, I thank you for giving me pause to consider how to walk closer with YOU in 2015. In the name of the Lord Jesus Christ. Amen!**

**Happy New Year!  
Videssa Woods**

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### **HEALTH TIPS**

**Continuation from the December article**

**23 Foods That Can Save Your Heart**

**The more you learn, the more you know!**



### **Almonds (8)**

**Slivered almonds go well with vegetables, fish, chicken, and desserts. They're chock full of plant sterols, fiber, and heart-healthy fats. Almonds may help lower "bad" LDL cholesterol, if you favor them over other fats. Grab a small handful a day.**

**Tip: Toast almonds to enhance their creamy, mild flavor.**



### **Edamame (9)**

**These green soybeans have moved beyond Japanese restaurants, where they're a tasty appetizer. They're packed with soy protein, which can help lower blood triglyceride levels. A half cup of edamame also has 9 grams of cholesterol-lowering fiber = to four slices of whole wheat bread.**

**Tip: Try frozen edamame. Boil and serve warm in the pod.**



### **Tofu (10)**

**Serve up tofu, and you get a great form of vegetarian soy protein with its heart-healthy minerals, fiber, and polyunsaturated fats. It can take on the taste of the spices or sauces you use to cook it.**

**Tips: Chop firm tofu, marinate, then grill or stir-fry, going easy on the oil. Add tofu to soups for protein with no added fat.**



### **Sweet Potatoes (11)**

**Swap out white potatoes for sweet potatoes. With a low glycemic index, these spuds won't cause a quick spike in blood sugar. They also have fiber, vitamin A, and lycopene.**

**Tip: Boost their natural sweetness with cinnamon and lime juice, rather than sugary toppings.**



### **Oranges (12)**

**This sweet juicy fruit has the cholesterol-fighting fiber pectin as well as potassium, which helps control blood pressure. Research shows that OJ may make your blood vessels work better and lower blood pressure a bit.**

**Tip: A medium orange averages 62 calories and 3 grams of fiber.**



### **Swiss Chard (13)**

**The dark green, leafy vegetable is rich in potassium and magnesium, minerals that help control blood pressure. You'll also get fiber, vitamin A, and the antioxidants lutein and zeaxanthin from these greens.**

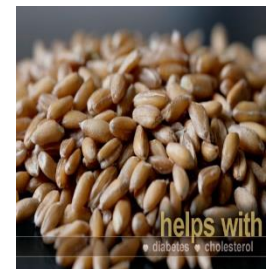
**Tips: Serve with grilled meats or as a bed for fish. Sauté with oil and garlic until wilted; season with herbs and pepper.**



### **Carrots (14)**

**These sweet, crunchy veggies may help control blood sugar level and make diabetes less likely. They may also help your cholesterol levels, since they're a source of soluble fiber – the kind of fiber also found in oats.**

**Tip: Add shredded carrots to spaghetti sauce and muffin batter.**



### **Barley (15)**

**Try this nutty whole grain in place of rice with dinner, or**

*simmer barley into soups and stews. The fiber in barley can help lower cholesterol levels and may lower sugar levels, too.*

*Tip: Hulled or "whole grain" barley is the most nutritious. Barley grits are toasted and ground -- nice for cereal or as a side dish. Pearl barley is quick, but much of its fiber has been removed.*

*This article will continue in the February issue. This Health Tip article can be found at [www.WEBMD.com](http://www.WEBMD.com).*

## **BYLAWS**

*Bylaws are a standing set of rules that govern the regulation of the internal affairs of a corporation or society. As we continue to look at the NPA bylaws, the hope is that all our members will know and understand how this organization works, and will follow the bylaws. The Bylaws and the NPA handbook can be found on the NPA website.*

### **ARTICLE V- OFFICERS**

#### **Officers**

*The elected officers of the NPA shall be a President, Vice President, National Tournament Director, Recording Secretary Corresponding Secretary and Treasurer.*

#### **Terms**

*Elected officers shall serve for two (2) years or until their successors are elected or appointed and take office. The term of office for elected officers commences at the close of the Annual Meeting at*

*which they are elected and continues until their successors are elected or appointed to take office. Officers shall be limited to not more than two (2) consecutive terms of office regardless which Executive office they hold.*

#### **Duties**

*In addition to the duties of each officer detailed in these Bylaws, specified in Robert's Rules of Order Newly Revised, and any additional duties specified by majority vote of the Board of Directors, each officer shall furnish all NPA documents and records associated with that office to his or her successor upon completion of their term in office or upon resignation or removal from office.*

#### **President**

*The President shall be the Chief Executive officer of NPA and shall preside over all NPA Board of Directors and Executive Committee meeting. The President shall appoint a Chairman of all Standing Committee, except the Tournament and Nominating Committee. The President shall sign all checks and other orders of payment drawn by the Corresponding Secretary and/or treasurer, coordinate all Board of Directors meeting agendas, receive regular report and submit a report at the annual Board of Directors Meeting. The President of NPA, or his or her designee, shall be the only official spokesperson for NPA.*

#### **Vice President**

*The Vice President shall, in the*

*absence of the President, perform all of the duties of the President, having all the power of and subject to all the restriction of the President. The Vice President shall be an ex officio member (without vote) of all committee(s) except the Nominating committee. The Vice President shall serve as Assistant National Tournament Director.*

**National Tournament Director**  
*The National Tournament Director shall serve as Chairman of the NPA Tournament Committee. The National Tournament Director shall coordinate with the local chapter tournament directors in scheduling of sanctioned tournaments. The National Tournament Director, with assistance of the Tournament Committee, shall be responsible for identifying and negotiating lodgings, meals, and space requirements for NPA hosted Semi-Annual and Annual Tournament.*

#### **Recording Secretary**

*The Recording Secretary shall be the Administrative officer of NPA and is responsible for recording, mailing and filing of minutes of the Board of Directors meeting and mailing said minutes to each Chapter within sixty (60) days. The Recording Secretary shall maintain a file of all written reports and a synopsis of each oral committee report. The Recording Secretary shall also maintain a record book in which the Bylaws are properly recorded available during all Board of Directors meetings. The Recording Secretary will email the Board of Directors*

minutes to each chapter's designee.

**Bylaws Article V- Officers will continue in the February issue of the Gazette.**

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**CLASSIFIEDS**

**"The Complete Guide to Double Deck Pinochle" will make you a better player. The Guide has tips anyone can use, from beginner to seasoned tournament players. Call for an autographed copy, or find it on the Amazon website. 256 pages of interesting hands, clever strategies, and hilarious anecdotes. \$16.95 or \$24.95 for a hard copy. NPA members get free shipping when you call L Roy Ram at (704) 441-4695**

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**Looking for the perfect cruise vacation? Contact Val Culpepper of Hooked on Cruises at 770-739-7860.**

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**Time for the family reunion? Contact JoAnn Ross for a professional research and presentation of your family tree...404-768-5698 or [www.familytreescharted.com](http://www.familytreescharted.com)**

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**If you need professional pictures for any occasion - wedding, reunion, birthday, etc., Taylor Photography can meet your needs. Contact Roosevelt Taylor at 404-758-0717.**

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**Vulcan Princess, Inc. Screen printing & embroidery, Contact Frank Turpin: 404-219-3376 or [tuako3@aol.com](mailto:tuako3@aol.com)**

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**Learn the game using the teaching tool 'Pinochle Mat' developed and distributed by an experienced player. Available on Amazon for \$19.99 or call 305-255-7782 for further info.**

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**Need a caterer for your every need? EDC (Edna's Delectable Cuisine) is waiting for your call:**

**404-767-1024 or email [brownednaw@yahoo.com](mailto:brownednaw@yahoo.com)**

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**NPA WEBSITE**

**All information to be posted on the website should be emailed to:**

**Wanda Goodman,  
Webmaster**

**[wgoodwoman@gmail.com](mailto:wgoodwoman@gmail.com)**

**757-237-6575**

**The web address is:**

**<http://www.npapinochle.org>**

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**NPA NEWSLETTER**

**The Gazette is distributed by the Research and Education Committee of NPA for its members.**

**News should be forwarded to:**

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**[Dotnlvly@gmail.com](mailto:Dotnlvly@gmail.com)**

**904-655-5623**