



The Gazette

November 2015 Monthly Publication of the National Pinochle Association, Inc. Vol. XXIII, Issue No. 11

Happy Thanksgiving

TABLE OF CONTENTS

National News.....	1-2
Chapter News.....	2-4
Inspiration.....	4
Health Tips.....	4-5
Classifieds.....	5

In this Month's issue of the Gazette we recognize all our veterans. Veterans Day is November 11, and an article was sent in by Rosetta McMurray of the Columbus Pinochle Club. Rosetta is a retired Sergeant Major in the US Army.



VETERANS DAY HISTORY

Veterans Day is a public holiday that is dedicated to honoring anyone who has served in the United States military. The holiday began as a day to remember the end of World War I and was declared a holiday by President Woodrow Wilson in 1919. Originally known as Armistice Day, the holiday became Veterans Day in 1954.

Most federal workers are given the day off and there is no mail service in the United States on this day. Federal workers who are required to work during the holiday are often given additional compensation as a benefit.

When Woodrow Wilson declared 11 November a holiday, the primary intention was to have a day to reflect on the sacrifices of those who had served in the military during World War I. Observation of the holiday through parades and meetings was envisioned.

Today, many Americans observe the day by attending ceremonies and parades that are dedicated to honoring the troops for their service. These often allow veterans to speak about their time in the service and give Americans the opportunity to personally thank veterans for their sacrifice.

Some retail establishments and restaurant chains offer free or discounted meals for people who can prove their veteran status.

Veterans Day always falls on 11 November, but it may be observed on a different day due to the fact that it is a federal holiday. Federal employees and schoolchildren typically have the day off work and school, so the holiday is observed on the Monday following the actual date of the holiday if it happens to fall on a weekend.

November 11 was chosen as the official date for Veterans Day in reference to the ending

of World War I. Germany signed an armistice with the Allies that signaled the end of the war at 11 a.m. on 11 November 1918.

National Pinochle Association (NPA) has several NPA members that are Veterans. "HATS OFF" to all NPA Veterans.

A Thank You Letter

From UNCF
Dr. Michael L. Lomax
President and CEO

Dear Friend/s of UNCF:

Your generous gift of \$1000.00 made on 9/21/2015 to UNCF - The United Negro College Fund's annual campaign is deeply appreciated. Please accept our thanks for your support and interest in the work of UNCF.

Gifts from loyal supporters like you helps these students defray the cost of their college expenses and put them on the path to a fulfilling career and productive life.

With 61% of the students at UNCF colleges having family incomes below \$25,000 and more than 90% receiving financial aid. Support like yours has a powerful impact because your gift helps make a college education affordable for deserving minority students.

Thank you again for your gift and for believing that, "The mind is a terrible thing to waste."

Sincerely

Michael L. Lomax, Ph.D.
President and CEO



Referee's Corner

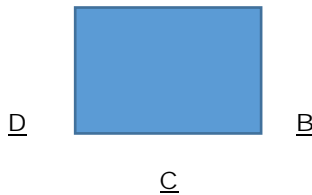
By

Dr. Alice Cannon Scott



What is the Referee's Ruling?

A - Dealer



November 2015 Title: Table Talk

- Player B bids 85
- Player C says "Oh, are you trying to shut me up?" "That was my bid." "Pass."
- Player B calls the Referee because he thinks Player C is trying to convey info to Player A (his partner).

What is the Referee's Ruling?

Email your answers to Alice at

icove411@aol.com

(All discussions/answers will be passed to the NTD.)

2015 NON-SANCTIONED

Dec. 4-6....Toys For Tots, PIPS

2016

Feb. 12th World Series of Pinochle... Young Guns

2016 SANCTIONED

Jan. 14-17, MLK....Sand Hill

Feb. 11-14, Pres. Day...Young Guns

March 31-April 3 Semi Annual

May 27-29, Memorial Day... JPC



Amelia Tri-Cities

Nathan West - Nov 1
John Lockhart - Nov 2

Augusta Pinochle Club

Jack Ephran - Nov 11
Julie Hudson-Casey - Nov 26

Awesome Chastisers

Gilbert Raiford - Nov 11

Birmingham Pinochle Club

Lashandra Adcox - Nov

Cincinnati Pinochle Club

Joseph Smith - Nov 1
Shirley Tyus - Nov 19
Derrick Robinson - Nov 23

Columbus Pinochle Club

Marcelle Smith - Nov 2
Carol Moore - Nov 17

D C Players Pinochle Club

Aaron Goston - Nov 4
Diane Mackey - Nov 7
Stefanie Kelly - Nov 12
Richard Armstrong - Nov 16
Terri Powell - Nov 26
Michael Lee - Nov 29

Derby City Queens & Jacks

Raymond Brooks - Nov 5
George Mason - Nov 28

Double Run Pinochle Club

Jennette Williams Nov 13

Great Lakes Pinochle Club

Nancella Harris - Nov 18

Jacksonville Pinochle Club

Sharon Coleman - Nov 27

LA Superstars Pinochle Club

Bernice Neely - Nov 7
Michelle Askerneese - Nov 15
Elton Clemmons - Nov 20

Montgomery Pinochle Pals

Vann McCloud - Nov 3
Chrystabell King - Nov 25

PIPS Pinochle Club

Gary Willingham - Nov 13
Pat Vandiver - Nov 15
Albert Strong - Nov 17
Danny West - Nov 30

Pinochle Champs

Eric King - Nov 12
Ann Delores Glover - Nov 13
Leonard Grant - Nov 28

Pittsburgh Stealers

Devonne Taylor - Nov 15

Queen City Players

Marilyn Gore - Nov 11
James Smith - Nov 25
Norm Manning - Nov 28

Riverdale Pinochle Club

Beverly Warner - Nov 5

Russ Raiders Pinochle Club

Eileen Cohill - Nov 11
Richard Faulkner - Nov 30

Tidewater Knucks

Arlene Avent - Nov 27

Victor Valley Pinochle Club

Cherise Moore - Nov 20

West Coast Best

Jacquelyn Bell - Nov 2
Robert Baxter - Nov 3
Lillie Allen - Nov 19
Rochelle Williams - Nov 20

Young Guns

Shamese Love - Nov 19

Jacksonville Pinochle Club

Is selling tickets to raffle off a complimentary room stay at the Double Tree Airport Hotel during the weekend of their Memorial Day tournament. Tickets are \$2.00 and can be obtained from any JPC member. You may also obtain tickets by mail, by sending your money to - Flora Peterson

at 8130 Village Gate Court, Jacksonville, FL 32217, or cell number [904-635-0655](tel:904-635-0655).

SICKNESS

Matthew 21:22 "And all things, whatsoever ye shall ask in prayer, believing, ye shall receive."

Karren Jackson (DC Players) recovering from by-pass surgery

Joyce Williams (Columbus Pinochle Club) recovering from surgery

James McKinney (PIPS) recovering from surgery

Lou Gunn (Tidewater Knucks)

Lewis Ragland (Russ Raiders)

Ozella Walker (Columbus Pinochle Club) recovering from surgery

Let us continue to lift up our sick and shut-in NPA family members in prayer.

DEATHS

In company with Christ, who died and now lives, may they rejoice in Your kingdom, where all our tears are wiped away. Unite us together again in one family, to sing Your praise forever and ever. Amen

NPA Member Grace Charity (31-19) passed Oct 19, 2015

NPA Family member's deaths:

Lisa Massey (Memphis Outkast) mother passed

Carol Moore (Columbus Pinochle Pinochle) sister passed

INSPIRATION

From Our Daily bread
(November 10, 2012)

In The Face Of Fear

"When you pass through the waters, I will be with you."
Isaiah 43:2

I'll never forget my childhood fear that the clothes thrown on my chair would turn into a shadowy dragon-like figure after my bedroom lights were turned off. My early experience of fear-driven insomnia reminds me that when trouble arrives on the doorstep of life, fear is not our friend. It disables us from moving forward and causes us to shrink from doing what is right—unless we have our eyes fixed on Jesus.

When the disciples faced the raging seas that were threatening to sweep them overboard, Jesus, walking on the water, assured them, "It is I; do not be afraid" (Matt. 14:27). And to His followers who were fearfully locked away in a room after His crucifixion, Jesus appeared and asked, "Why are you troubled? And why do doubts arise in your hearts?" (Luke 24:38). Recognizing the inevitability of trials, He said, "In the world you will have tribulation; but be of good cheer, I have overcome the world" (John 16:33). The point is clear. Trusting in His presence and power is the antidote to fear.

As the familiar hymn says, "Turn your eyes upon Jesus, look full in His wonderful face. And the things of earth will grow strangely dim in the light of His glory and grace."

We can rest peacefully in the knowledge that God is with us.

Lord, in our weak and fearful moments, remind us that Your love for us guarantees Your presence with us and Your power against our fears. Teach us to trust in You.

HEALTH TIPS

When You Need to Lose Weight for Your Heart

The more you learn, the more you know!

It's time to show your heart some love. When your doctor says you need to lose weight for the sake of your heart, start with a plan.

Set realistic goals. Come up with an eating plan that works for you and one that you can stick to.

Use these 10 tips to help you stay motivated.

- 1) Put your motivation in writing. Keep in mind why you want to lose weight. Note the difference it will make to your heart, the rest of your body, and your mood. Keep it handy, so you can read it when you need inspiration.
- 2) Believe in yourself. Expect to be successful. A good attitude toward weight loss and good

health is key. If things get tough, reach out to a dieting buddy or a sympathetic friend or family member for encouragement.

- 3) Weigh yourself every day. If you see the number on the scale rise, do something to stop that trend. Move more, check your food portions, and remind yourself of the difference it makes.
- 4) Celebrate your successes. Give yourself credit for the pounds you lose. Remember how far you've come. Keep an old photo of yourself to remind you of the progress you have made.
- 5) Manage your splurges. If you really want a big piece of pie as an occasional treat, be sure you cut down on calories somewhere else or spend more time working out.
- 6) Keep a record. Write down what you eat every day and how much exercise you are getting. Read your notes regularly. This can really help. It's a proven way to lose weight.
- 7) Watch your portions. The more you put on your plate, the more you will eat. Go easy on rich, high-calorie food. Help yourself to larger portions of vegetables, salads, and broth-based soups.
- 8) Make time for fitness. Physical activity burns calories and relieves stress. If your schedule is tight or you miss an exercise session, think about how you can make up for it. Take 10-minute breaks throughout the day to walk around the block. Use your jump rope. Use a pedometer to see how many steps you take and how many more you can add.
- 9) Enjoy how you feel. As you lose weight and exercise, you'll probably feel better than you

did before. You may also find you sleep better and have more energy. Even losing just a few pounds can do wonders for your body and your outlook. Let that progress inspire you to keep going.

10) Take charge of your cravings. If you really crave something sweet, try a small portion. Eat it slowly, savor every bite, and resist the urge to reach for more. A piece of sugarless gum can often satisfy your craving for something sweet.

CLASSIFIEDS

National Pinochle League

All NPA members are cordially invited to join the online National Pinochle League (NPL).

Play pinochle online and at your convenience.

Free games and free tournaments.

The National Pinochle League is a trendsetter for online pinochle game play. Currently, we play daily at 8:00 pm, EST, 365/yr.

Our game room never close.

Play pinochle anytime.

Free Play ... Free Tournaments ... Free sign-up.

Meet Chapter members online for a fun game.

Hold an "online" Chapter meeting.

Challenge other Chapters in free online tournaments.

To enter game room and to download software, register at GamingSafari.com

<http://gamingsafari.com/index.php?page=home>

To join the National Pinochle League (NPL), sign up at <http://www.myleague.com/npl/free-signup/>

Need assistance with registration ...

email:

JoAnnRoss@bellsouth.net ...

Referred by: Acey2053. (Yahoo Instant Messenger)

Time for the family reunion?

Contact JoAnn Ross for a professional research and presentation of your family tree...404-768-5698

or www.familytreescharted.com

If you need professional pictures for any occasion - wedding, reunion, birthday, etc., Taylor Photography can meet your needs. Contact Roosevelt Taylor at 404-758-0717.

Vulcan Princess, Inc. Screen printing & embroidery, Contact Frank Turpin: 404-219-3376 or

tuako3@aol.com

Learn the game using the teaching tool 'Pinochle Mat' developed and distributed by an experienced player. Call Mrs. L. Walker at 305-255-7782 for further info.

Need a caterer for your every need? EDC (Edna's Delectable Cuisine) is waiting for your call:

404-767-1024 or email

brownednaw@yahoo.com

NPA WEBSITE

All information to be posted on the website should be emailed to:

Ricardo Randle, Research and Education Chairperson for approval.

Ricardorandle@bellsouth.net

The web address is:

<http://www.npapinochle.org/>

Webmaster:

Maxim Multi Media, LLC

NPA NEWSLETTER

The Gazette is distributed by the Research and Education Committee of NPA for its members.

News should be forwarded to:



Dorothy Ervin, Editor

Dotnlvly@gmail.com

904-655-5623