



The Gazette

October 2016

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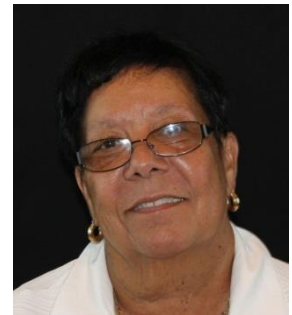
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COLUMBUS DAY TOURNAMENT RESULTS

Congratulations to all winners!

Winners	Score
1- Joyce Medley	6864
2 - Jackie McCray	6754
3 - John Mosley	6427
4 - Slim Houston	6404
5 - Denise Ray	6403
6 - Gary Gee	6392
7 - Given Harris	6360
8 - Clarence Johnson	6296
9 - Peter Allen	6223
10-Bill McBride	6132
11-Bill Byrd	6075
12-Kirby Anderson	6061
13-D. Harper-Bridges	6030
14-John Perkins	5994
15-Arlene Avent	5951
16- Curtis Baber	5919
17-A. Scott-Shelton	5915
18-Ida Togle	5903
19-Michael Schreiber	5860
20-Videssa Woods	5860



Joyce Medley



Jackie McCray



John Mosley

UPCOMING TOURNAMENTS

2016 NON-SANCTIONED

Nov 11-13.....Newport News, VA
(Hosted by Tidewater Knucks)

Dec 2-4.....Augusta, GA
(PIPS of Augusta Toy Drive)

2017 SANCTIONED

Jan 12-15.....MLK Tournament
(Atlanta, GA Hosted by APA/AMPS)

Feb 17-19.....Presidents Day
(Augusta, GA Hosted by PIP/APC)

Mar 30-Apr 2...NPA Semi Annual
(Dover, DE - Hosted by NPA)



Kings & Queens Born in October

Darryl Anderson	Oct 28
Lorenzo Arvila	Oct 27
William C. Bowers	Oct 10
William Brooks	Oct 24
Sylvia Burke	Oct 21
Willie Collins	Oct 10
Robert N. Cooper	Oct 15
Hassan Corbin	Oct 4
Joe Cummings	Oct 30
Vielka Downer	Oct 27
Cin-dee Dunn	Oct 31
William Evan	Oct 30
Arthur Gainer	Oct 3
John W. Gore	Oct 1
Thelma Gregory	Oct 16
Zora Hargrave	Oct 31
William "Bill" Harrod	Oct 19
Autry Hasberry	Oct 9
Richard Hawkins	Oct 22
Bernard Jackson	Oct 14
Curtis Jarrell	Oct 28
Patricia Jones	Oct 18
Bobby Mackey	Oct 23
Earnestine Martin	Oct 6
Curtis McGee	Oct 16
Lois Mitchell	Oct 23
Herbert Morris	Oct 26
LaTondra Okeke	Oc 23
Phyllis Ransome	Oct 27
William Ray	Oct 28
Valerie Revere	Oct 25
Lonnie Smith	Oct 30
Joyce Thomas	Oct 2
James Thomas	Oct 2
Martha Vaughn	Oct 12
Vivian Wallace	Oct 6
Michael White	Oct 29
James Williams	Oct 9
Sandra Zastrow	Oct 24



**Rosetta McMurray, Chairperson
NPA Rainbow Committee**

Please keep the below NPA members and their families lifted in your prayers.

NPA MEMBERS DEATH

Charles Hinton, 31-19 Pinochle Club

FORMER NPA MEMBERS DEATH

Robert Taylor, Former member of NPA and Birmingham Pinochle Association, passed away.

Don Scott, Former member of NPA and West Coast Best Pinochle Club, passed away.

NPA MEMBERS ILLNESS

Johnnie Davis, NPA founding member, is recovering from illness.

NPA FAMILY MEMBER DEATH

Lenora Crenshaw, West Coast Best, lost her brother, Don Scott, a former NPA member.

James Hinton, 31 - 19 Pinochle Club, lost his brother, Charles Hinton.

Jesse Oliver, 31-19 Pinochle Club, lost his mother.

John Pitts, Derby City Queens & Jacks, lost his mother.

Please keep each family lifted in your prayers.

CHAPTER NEWS

Queen City Players – Hosted Columbus Day Tournament

My Fellow Pinochle Players & Associates:

You weathered the storm and the other challenging obstacles of transportation in order to get to our tournament and make it a success. And, a success it was. We thank you from the bottom of our hearts. This is again a show of what a family is all about - our NPA family - supporting each other.

Again, thanks! I look forward to seeing you soon at one of the tournaments.

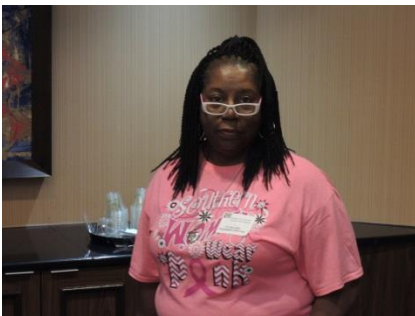
Sincerely,

Pat Williams

[***mspeanuts1950@hotmail.com***](mailto:mspeanuts1950@hotmail.com)

Snapshots from Columbus Day:





TITLE TOWN USA

Martha Vaughn celebrates her birthday on Oct 12th by serving others at the VA carnival in Lake City, GA. Afterwards she shares a birthday meal with friends.



Happy Birthday Martha



REFEREE'S CORNER

Tutorial:

When playing in an NPA tournament game make sure you turn over the closed hand cards correctly and in order, just in case you need to prove an assumed play. This can save you some grief and possible point deduction.

Send responses, questions or comments to zetaobj@hotmail.com



Celebrate Life until the next time,
Beverly J. Taylor

HEALTH TIP

October is National Breast Cancer Awareness Month

Everyone knows that a family history of breast cancer increases your risk of inheriting the disease. But lifestyle can also play a role. By making some changes in your daily life, you can significantly lower your personal risk level.

According to the National Breast Cancer Foundation, risk factors for breast cancer include diet and lifestyle factors: lack of exercise, a diet high in saturated fat, and more than two alcoholic drinks per day can all increase your chances of getting the disease. Being obese or overweight also increases the risk, so it's a good idea to follow a [healthy meal plan](#) and [exercise regularly](#).

Developing an early detection plan is another effective way to take your healthcare into your own hands and possibly save your own life. The NBCF advises the following early detection plan:

- **Beginning at age 20: Perform breast self-exams and look for any signs of change.**
- **Age 20 to 39: Schedule clinical breast exams every three years.**
- **By the age of 40: Have a baseline mammogram and annual clinical breast exams.**
- **Ages 40 to 49: Have a mammogram every one to two years depending on previous findings.**
- **Ages 50 and older: Have a mammogram every year. (Half of all women diagnosed are over the age of 65).**

You can create an [early detection plan](#) at NBCF's website. They will provide you with reminders and instructions for monthly self breast exams and reminders for a clinical exam once every three years. You can also start a [Personal Health Record](#) to keep track of your appointments, test results, and self-exams over the years.

If you've never had a breast exam before, now is the time to start. National Mammography Day is Oct 21.

Source: Center for Spirituality & Healing

CLASSIFIEDS

National Pinochle League
All NPA members are cordially invited to join the on-line National Pinochle League (NPL). Play pinochle online and at your convenience- Our Game Room never closes. To download software, register at GamingSafari.com
<http://gamingsafari.com/index.php?page=home>
To join the National Pinochle League (NPL), sign up at <http://www.myleague.com/nplfre>

e-signup!
Need assistance with registration? email: JoAnnRoss@bellsouth.net

Vulcan Princess, Inc. Screen printing & embroidery, Contact Frank Turpin: 404-219-3376 or

tuako3@aol.com

Learn the game using the teaching tool 'Pinochle Mat' developed and distributed by an experienced player. Call Mrs. L. Walker at 305-255-7782 for further info.

Time for The Family Reunion? Contact JoAnn Ross for a professional presentation of your family tree - 404-768-5698 or www.familytreescharted.com

Need a caterer for your every need? EDC (Edna's Delectable Cuisine) is waiting for your call:

404-767-1024 or email brownednaw@yahoo.com

NPA WEBSITE

The web address is:

<http://www.npapinochle.org/>

All information to be posted on the website must be emailed to Ricardo Randle, Chairperson – R&E Committee for approval. ricardorandle@bellsouth.net

**Webmaster:
Maxim Multi Media, LLC**

NPA NEWSLETTER

The Gazette is distributed by the Research and Education Committee of NPA for its members.

Clubs and Members are invited and encouraged to submit articles for sharing. Articles should be forwarded to:

Shirley Bevel, Editor at

**npagazette@gmail.com
404-803-8702 (Cell)**

NPA ONLINE PHOTO DIRECTORY

NPA members' photos can be accessed at:

<http://www.picture-directory.com>